Boys and Girls Soccer

Official Rules: The official rules for soccer shall be the current edition of the National Federation Rules for Soccer (with exceptions listed below).

- A. Goal size is 23' 4" to 24' modified football goal post installations acceptable.
- B. The game shall be played in two equal halves of 30 minutes or 15 minute quarters as determined, by the hosting Athletic Director. 2-3 minute water breaks between each session and a 5 minute water break during half-time. In regular season play, if a game ends in a tie, there will two 5 minute overtimes. No shoot outs.
- C. Play should be stopped by the referee when a player is injured. The referee should stop the game when neither team is in an offensive scoring situation.
- D. Only one official is required.
- E. Home team will supply balls (minimum 3) throughout tournament. Home team will also supply ball boys/girls (minimum 3).
- F. In tournament play only: in the case of a tie, two 5-minute overtimes will be played. Half-time between overtimes will be two (2) minutes. If still tied after second overtime, a shoot-out will take place. The shoot-out will consist of five (5) penalty kicks taken, per team, by different players who are on the field at the conclusion of the second overtime period. If still tied, a shoot-out will go to sudden death penalty kicks, also by different players who were on the field at the conclusion of the 2nd overtime period.